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**Update is a publication of the
Society of Otorhinolaryngology
and Head-Neck Nurses, Inc.**

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**Society of Otorhinolaryngology and
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President's Message



Dear SOHN Members,

Happy Spring!! The grass is starting to turn green in my yard, yellow daffodils and dandelions compete for space, and cherry blossoms decorate my driveway. The sound of birds chirping and children in the neighborhood giggling and laughing provides hope and feelings of restoration.

A big thank you to the executive committee, board of directors, and committee chairs who have worked hard and assisted in onboarding Affinity Strategies as our management company.

The transitioning is almost complete, but learning continues on both ends (SOHN and AS) as we strengthen our organization and execute SOHN's mission and vision to support nurses in providing optimal care for our ORL Head-Neck patients.

The first week of April is Oral, Head, and Neck Cancer Week. During this week, we increase public awareness regarding the increasing incidence, symptoms and importance of early recognition of oral, head, and neck cancers. There will be nationwide efforts to conduct free screening, educational school talks, walkathons, fundraisers, and other activities to save lives. I hope you are looking for opportunities to make ORL nurses' contributions known. You can also use social media to increase awareness by using the following hashtags: #ohancaw, #OralHeadNeckCancerAwarenessWeek, and don't forget to share your voices on SOHN social media. The SOHN 36th Annual Spring Seminar will be offered as a virtual program on April 28th and 29th. Please do not miss this opportunity to obtain nursing continuing professional development hours towards renewal of your certifications.

Due to unsatisfactory pay, long hours, and workplace violence, the nursing industry is undergoing significant changes. Nurses are leaving their positions and then coming back to the same opportunity through agencies. There are differing opinions on how this should be addressed. One way to address this issue is by exhibiting valiant leadership behaviors. Valiant leadership behaviors include providing honest feedback during conversations, sharing alternative viewpoints to the team, speaking up, not settling for traditional non-effective approaches, and making decisions in uncharted territory. In addition, we need to support and highlight valiant leadership behaviors of our ORL Head-Neck nursing colleagues, so they feel supported and continue to love the profession and specialty they have chosen.

Please encourage your colleagues to participate in SOHN educational activities and take part in the largest and most unique ORL nursing organization in the world. And, don't forget to pause and enjoy the flowers and birds around you.

Wishing you a lot of warm and sunny days to come!

Vinciya Pandian

President 2022 – 2023

Society of Otorhinolaryngology and Head-Neck Nurses
Ear, Nose and Throat Nursing Foundation

Bylaws Update

The Policy Committee is reviewing SOHN policies and bylaws to ensure that they are in accordance with the mission, vision and strategic plan of SOHN. The SOHN Board developed a strategic plan during the 2021 midwinter board meeting. As part of our strategic plan, the board considered ideas to increase membership which is essential to ensure the stability of the organization from both a financial and relevancy standpoint. One of the ideas to increase membership was to allow for pre-licensure student nurses to become members of the Society. The second is to change the yearly calendar for dues to reflect a calendar year of January to December, rather than March to February, and to remove the late fee assessment, since SOHN does not charge late fees for failure to renew membership on time. These changes will allow SOHN to grow as a society and streamline the bylaws to safeguard enforcement.

Opening the Society Membership to Student Nurses:

Many nursing organizations allow and welcome student nurses to apply for membership. Student nurses are encouraged by their schools of nursing to join professional nursing organizations in order to stay informed of the most pressing nursing needs. Student nurse membership

can provide a pipeline for younger nurses to experience SOHN and all the organization can offer a novice nurse; increase knowledge of the otolaryngology specialty, provide mentorship and networking. To allow for pre-licensure student nurses to become members, section 2 of the bylaws will need to be amended. The board is proposing an amendment to allow pre-licensure student nurses to become members of SOHN. The cost of pre-licensure student membership has not been finalized but we wanted our SOHN membership to be aware of the upcoming proposed amendment. These pre-licensure student members will not be voting members of SOHN.

Changing the Due Date of Yearly Membership Dues:

Another recommendation by the board is to change the due date for yearly membership. Currently, yearly membership dues are owed to the society by March 31. The board is proposing to change the date to reflect a calendar year. The benefits of this change will allow for easy tracking of dues and incentivize members to make contributions to ENT-NF by the end of the year, taking advantage of the tax write off. To make this change, Section 5 of the bylaws will need to be amended. The board is proposing to change the yearly membership to reflect the membership and

chapter dues be on a calendar year from January 1 to December 31. The bill for chapter and national dues will be sent to each member 60 days before the renewal date. Both chapter and membership dues will be collected at the same time. The board also proposes to remove the clause that states that there will be a late fee assessed for late payments. Late fees are not currently being reinforced. If a member does not renew his/her dues, they will be removed from the roster and not benefit from membership privileges. Paying the dues will reinstate the member. For those members who are paid up until March of 2023 or 2024, their dues will be prorated for the following year.

These proposed changes will be concisely written out for the membership to review in the July newsletter so that the proposed amendments can be voted on during the business meeting at Congress. If you have any questions or concerns, please do not hesitate to contact Maria Colandrea, Vice-President and Policy Committee Chairperson at mcolandrea@hotmail.com.

**Maria Colandrea DNP NP-C CORLN CCRN
FAANP FFMRCISI**
Vice-President and Policy Committee
Chairperson

Meet the New Chair of the Research and Practice Committee



Hello SOHN Members,

I am Terri Giordano, your new Research and Practice Committee Chair. I have been an SOHN member since 1997. I am a member of the South Eastern Pennsylvania chapter of SOHN and have served as Vice President and President for the chapter. On the national level, I have served on the Nominating Committee, Nominating Committee Chair, the PEDS SIG leader and Board of Directors.

As a representative for SOHN, in 2011, I participated in the AAO-HNS Clinical Practice Guideline: Tonsillectomy in Children, in 2019 the

Clinical Practice Guideline: Tonsillectomy in Children (Update) and in 2021 the Expert Consensus Statement: Pediatric Drug Induces Sleep Endoscopy. I am also an active member of the Society for Ear, Nose and Throat Advances in Children (SENTAC) and have served on their Board of Directors.

Wendy Mackey and Tiffany Ellis will be serving as vice chairs of the committee. We look forward to working with SOHN members and having a meeting with everyone in person at our fall Congress in Philadelphia. See you soon.

Thanks,
Terri Giordano

Meet the Social Media Committee Members

Fellow SOHN members,

Thank you for your patience with us during this period of transition. As many of you know, SOHN's long time social media coordinator, Kari McConnell, recently decided to step down from her position managing our social media. We are eternally grateful for Kari's years of dedication and service. She truly paved the way for SOHN's place on social media and we look forward to continuing all of the hard work Kari has done over the years, as well as expanding SOHN's presence to other social media platforms.

We wanted to take this opportunity to introduce ourselves so you know who to reach out to with your social media questions, concerns, or ideas for post topics. With news of Kari's departure late last year, SOHN put out a call for volunteers to take over the reigns of our social media. Long time SOHN members Anne DeLeo and Melissa A. Borofsky answered that call. Anne DeLeo, CRNP, CORLN specializes in Pediatric ENT at the Children's Hospital of Philadelphia where she began working with trach/vent patients over 24 years ago. For the past 10 years she has practiced in Otolaryngology and has a passion for treating hearing loss in children and patients with microtia/atresia. Anne has been an active member of SOHN for over 24 years. During that time, she has filled many different roles including Pediatrics SIG leader, Nominating Committee Member, Board of Directors Liason, and Treasurer. She is excited to jump into her new role as a social media coordinator and is eager to take on the challenge of rebranding SOHN's presence on social media as well as growing our presence on LinkedIn. Anne hopes to help current and prospective SOHN members alike have a space to create social and professional connections as well as share their passion for ENT.

Melissa A. Borofsky, RN, CORLN is a board-certified ENT nurse with 9 years of dedicated otorhinolaryngology experience, over 5 of which are subspecialized in Rhinology & Skull Base Surgery. She currently works at George Washington University in Washington, D.C.

taking care of patients with complex cases of refractory chronic sinusitis, a wide variety of anterior skull base tumors, and other diseases of the nose and paranasal sinuses. She has been an active member of SOHN since 2017 and, in addition to her role as Social Media Committee Co-coordinator, currently serves as our Allergy & Sinus Special Interest Group (SIG) leader. Melissa recently had the honor of being named as one of only fifty nurses in the metropolitan Washington, DC area (and the only ENT nurse!) out of hundreds of nominees recognized as being exceptional by The Washingtonian magazine. She is excited to combine her love of social media (late nights on TikTok, anyone?) and ENT, and hopes to come up with creative, engaging content for our members (both current and prospective members alike) and anyone with a particular interest in Otolaryngology.

The Social Media Committee has been working behind the scenes the past few months to come up with new content and ideas and is so excited to share those with you soon. We need your help though! What would you like to see more of from SOHN on social media? What topics catch your interest? Do you have a burning question about how our peers at other institutions do something that may differ from where you practice? Send us your ideas - educational, personal, professional, job vacancies, stories from the past, upcoming events, and more! If you have an idea, share it with us! We are here to serve you as our members and want to make sure you're getting what you need from our organization.

How to get in touch with the social media committee:

If you have an idea or answer to any of our questions above, for now please send an e-mail to Melissa at mborofsky@mfa.gwu.edu and/or Anne at deleo@chop.edu. The Social Media Committee will use your ideas/photos/suggestions for upcoming posts. We always welcome your suggestions - don't be shy!

What to do if you need something posted on social media (IE: Upcoming events, etc):

Currently, under the guidance of Affinity Strategies, we will be focusing on one social media post per week. Our posts will be pre-planned as much as possible so as soon as you know you may need something posted, for now please send an e-mail to Melissa at mborofsky@mfa.gwu.edu and/or Anne at deleo@chop.edu. We will then work behind the scenes to get your information out when we can. Please note, given we are currently working towards a goal of one social media post per week, we may combine posts with similar topics. Unlike in the past, there will be some planning required to get posts on our social media platforms so, again, please reach out as soon as you suspect you may need something posted. We will respond to any requests received to confirm we received them and to provide status updates regarding that post as available.

Lastly, it's never too late to volunteer to be a part of our team. If you have an interest in social media or are particularly tech savvy and want to lend a helping hand, please reach out! We are in the early stages of developing our social media committee and truly believe the more, the merrier.

Until we go viral,
The Social Media Committee



**Melissa A. Borofsky,
RN, CORLN**



**Anne DeLeo,
CRNP, CORLN**

Message from the Specialty Interest Group Chair

The SIGS have successfully completed this past January, the first ever for Facial Plastics, Head and Neck, Pediatric, Federal/Military, Office Based, Perioperative, Geriatric and Otology SIGS by way of Affinity, the opportunity for each and every SOHN member to attend any and all SIG Specialties on line. The SIGS were an hour in duration and spaced throughout the month as not to overlap one another. The second SIG cohort of internet meetings are scheduled for May and plans are underway to offer 1.0 CEUs for each and every SIG meeting

as a result of suggestions gathered from SIG leadership. In addition, other suggestions submitted will be presented to the SIG leaders at Congress for further discussion and action. One suggestion of interest was SIG mailboxes for each in interest group available on the SOHN website. This will be discussed with the SOHN leadership and Affinity to ascertain the feasibility of providing such a service. In addition, at the request of Margie Hickey, Editor-in Chief, the SIG leadership was emailed the request to become Content

experts and assist with Margie Hickey and the journal. Finally and most recently, I have partnered with and at the request of Melissa Borofsky, a SIG leader, and Anne Deleo, both of the Social Media Committee, to enlist the SIG leaders for revamping the SOHN presence on social media and "Trivia Tuesday". We expect our SIG meeting to be better attended as an educational presentation will be offered and as we get closer to Congress.

Chester Slonina MSN MHA RN-BC

It's Time to Renew Your SOHN Membership!

SOHN is honored to count you as one of our members, and we hope that you plan to renew your membership with us for 2022. Now is the time to do so! Our annual membership drive is officially underway, and we invite you to renew your membership as soon as possible.

To renew your membership, please visit our website at www.sohnnurse.com, and click on the link: "Sohn Membership: Join or Renew, Click Here." If you experience any trouble at all, please contact us via email: info@sohnurse.com.

This year, as a special promotion, we are offering \$10 off the registration to our Fall Congress meeting in Philadelphia for anyone who refers a new member!

SOHN Member Benefits:

- Free Continuing Education (CE) hours and educational opportunities through chapters and Special Interest Groups (SIGs)
- Opportunities to connect with other nurses practicing in your sub-specialty through SIGs
- Networking opportunities across the U.S. through chapter activities
- Leadership awards, educational scholarships, and research grants
- A Mentor Program to guide you through professional development pathways
- Insight to the latest knowledge in our field through our professional journal

- Exclusive access to the Core Curriculum and the Comprehensive ORL Nursing Course that prepares you to take the exam to become a Certified Otorhinolaryngology and Head-Neck Nurse (CORLN)

We are so excited to be holding our 46th SOHN / ENT NF Annual Congress and Nursing Symposium in person this fall, Sept. 9-12, where we can come together and learn from one another. I look forward to seeing you there!

Troy DeRose, CRNP RNFA CORLN ANCC-C B-FNP B-ACGNP

SOHN Membership Enhancement Committee Chair

Call for Nominations

Are you interested in enhancing your involvement our organization? The Nominating Committee is searching for qualified, motivated, dynamic candidates to lead SOHN to ensure our Society's continued growth and expertise. Consider yourself or encourage other members of SOHN to get involved at the national level.

We are seeking candidates for the SOHN office commencing in 2023, including President-Elect, Vice President, Secretary, Board of Directors (2 positions), and Nominating Committee members (3 positions). To be eligible for the office of President-Elect, Vice President, or Secretary, a nominee must have served at least one term as a member of the Board of Directors. To be eligible for a position on the Board of Directors, or as a member of

the Nominating Committee, a nominee must have been an active member of SOHN for at least two years preceding the election. If you are interested in running, please contact SOHN Headquarters at info@sohnurse.com. Deadline for candidate submission is May 1, 2022. Thank you for your continued interest, dedication, and support of SOHN!!!

Erin Sarsfield MSN RN

SOHN / ENT NF Meetings in 2022

SOHN Board Meetings

Board Members and Invited Committee Chairs Only

April 12th 7pm EST (Zoom)
 July 12th 7pm EST (Zoom)
 September 8th 4pm EST (Congress)
 December 13th 7pm EST (Zoom)

ENT-NF Board Meetings

Board Members and Invited Committee Chairs Only

May 10th 7pm EST
 August 9th 7pm EST
 November 8th 7pm EST

Editorial Board Meetings

Board Members Only

June 21st 7pm EST
 September 27th 7pm EST

Specialty Interest Group (SIG) Meetings

All Members are Invited

Facial Plastics May 4th – 6:30pm EST
 Pediatric May 19th – 6:30 pm EST
 Head and Neck May 4th – 7:30 pm EST
 Otology May 5th – 7:30pm EST
 Geriatric May 11th – 6:30pm EST
 Advanced Practice May 19th – 7:30pm EST
 Allergy/Sinus May 11th – 7:30pm EST
 Federal/Military May 12th – 6:30pm EST
 Perioperative May 5th – 6:30pm EST
 Office-Based Practice May 12th – 7:30pm EST

Education Committee Meetings

All Nurse Planners are Invited to Attend

August 23rd 7pm EST
 November 7th 7pm EST

Research and Practice Meetings

All Members are Invited to Attend

May 3rd 7pm EST
 August 2nd 7pm EST
 November 1st 7pm EST

Health Policy and Advocacy Committee Meetings

All Members are Invited to Attend

April 19th 7pm EST
 July 13th 7pm EST
 September 9th 8:30pm EST

Chapter President's Meeting

All Chapter Presidents are Invited to Attend

September 9th 12:15pm EST

Spring and Congress Meetings

Paid Event – All Members are Invited to Attend

Spring Seminar Series

Pediatric April 28th, 9am–5pm EST
 Adult April 29th, 9am–5pm EST

46th SOHN / ENT-NF Annual Congress and Nursing Symposia September 9th–12th

Mark Your Calendars – SOHN / ENT NF 2022 Dates & Deadlines

Annual Oral, Head & Neck Cancer Awareness Week April 3rd–9th	Scholarship Application Due July 1st
Spring Seminar Series – Pediatric April 28th	Forming Chapter Bylaws Application Due July 1st
Spring Seminar Series – Adult April 29th	46th SOHN / ENT NF Annual Congress and Nursing Symposia September 9th–12th
Poster Applications Due May 1st	Midwinter Board Meeting Guest Attendee Application Due November 1st
Nomination of Candidates Dues May 1st	Call for Abstracts 2023 Congress & Spring Seminar Series Due November 5th
National ORL Nurse Day May 9th	Nominations for Outstanding Service Award Due December 30th
Annual Board Meeting Guest Attendee Application Due July 1st	Nominations for Friend of SOHN Award Due December 30th
Chapter Excellence Award Application Due July 1st	
Clinical Excellence Award Application Due July 1st	
Honor Award Application Due July 1st	

Call for Manuscripts

The official journal of SOHN, ORL-Head and Neck Nursing is calling for publications in the following areas:

1. Nursing Leadership including management topics, professional development, etc.
2. Pediatric ORL
3. Head and Neck Cancer
4. Head and Neck ORL conditions
5. Allergy
6. Sinus
7. Facial and Plastic Surgery
8. Perioperative

In order to appeal to all of our members and ORL nurses, the journal will accept a wide variety of papers. These include ORL case studies, clinical review papers, systematic integrative literature reviews, innovations in patient and/or nursing education, evidence-based practice, and research papers. But it does not stop there, we are also seeking original poems for the poetry corners, Media Review summaries and much more.

We have a team of nurse author mentors waiting to help if help is needed.

ORL-Head and Neck Nursing is the only dedicated ORL nursing journal and your

manuscript will help to advance the ORL nursing profession and quality patient care.

Please send any queries or your finished manuscript to the journal's editor, Margie.Hickey@SOHNNurse.com.

Author submission packages are available on SOHN's website, <https://sohnnurse.com/publications-and-resources/publications/orl-journal/>

Margaret Hickey

Congress 2022 Poster Abstract Submission Request

Application Deadline – May 1st

SOHN Poster Guidelines and the Poster Application are available on the SOHN website home page: www.sohnnurse.com

APPLY NOW!

Posters will be displayed and available for viewing during Congress. Posters will reflect various administration, education, clinical practice, and research topics of interest to ORL nurses. This is a wonderful opportunity to share your knowledge with other ORL nurses. There are monetary rewards for outstanding posters at Congress. Do not miss this opportunity to share your ideas and possibly win one of the poster awards.

National Certifying Board for Otorhinolaryngology and Head-Neck Nurses (NCBOHN) Update

The National Certifying Board for Otorhinolaryngology and Head-Neck Nurses (NCBOHN) endorses the concept of voluntary, periodic certification by examination for all otorhinolaryngology and head-neck registered nurses. Certification is one part of a process called credentialing. It focuses specifically on the individual and is an indication of current competence in a specialized area of practice. Board certification in otorhinolaryngology and head-neck nursing is highly valued and provides formal recognition of basic otorhinolaryngology and head-neck nursing knowledge.

The Certification Program is sponsored by the National Certifying Board for Otorhinolaryngology and Head-Neck Nurses (NCBOHN). The Certification Examination for Otorhinolaryngology and Head-Neck Nurses is administered for the NCBOHN by

the Professional Testing Corporation (PTC), 1350 Broadway – 17th Floor, New York, New York 10018, (212) 356-0660. Questions concerning the examination should be referred to PTC.

Application Deadline*	Testing Window
April 13, 2022	May 14-May 18, 2022
September 7, 2022	October 8 – October 22, 2022

[Click here for CORLN Examination and Recertification Information](#)

Welcome Maureen Sollenberger as the New Executive Director



Hi! I'm Maureen Sollenberger, your Affinity Strategies Account Manager. I am from sunny San Diego, CA and I attempt to be an avid reader when my two children aren't demanding my attention. In high school, I was a competitive swimmer, even qualifying for the Olympic Trials for the 2004 Olympics. The water still calls me to this day, and it is impossible to keep my children and myself away from any body of water, swimsuits always in tow.

In college, after realizing I did not have the stomach to be a doctor or a nurse, I decided to get my undergraduate degree and master's in Psychology. I love people; I love the healthcare world; and Affinity Strategies gave me the opportunity to dip my toes into both passions at the same time.

I was very excited to find out that SOHN was my client. Nurses make the world go around. With every clinic or hospital visit for myself or a loved one, the nurses are always the ones who get things done and make the most impact on the patient. They define your experience. I know that I am not face to face with patients as an Account Manager, but getting to support medical heroes (like the members of SOHN) in any capacity is quite the privilege.

Your goals are now my goals. I want your organization to be able to hand off some of the business burdens that come with your profession, so you can get back to the patients and do what you do best. Do not hesitate to reach out to me for any of your SOHN needs and I look forward to working with you all!



Flying to new heights with ORL Head-Neck nursing

Pharmacology Day: September 9, 2022

SOHN 46th Annual Congress and Educational
Symposia: September 10 – 12, 2022

Conference Location:
Children's Hospital of Philadelphia

Hotel to Stay: The Study

More information to come...



SOHN School in Teachable.com

SOHN-School.teachable.com



SOHN School is OPEN

Online Courses for ORL Nurses

Individual Courses: SOHN Member Price - \$50 each, Nonmember Price - \$75 each

Bundled ORL Course: SOHN Member Price - \$300 Nonmember Price - \$450

Seven online education courses for ORL nurses are being offered with discount prices for SOHN members. Course instructors are esteemed SOHN members and experts in the specialty.

Courses Offered:

Hearing Loss Evaluation and Management

Victoria Albano

Otology

Deena Hollingsworth

Nose, Sinuses and Oral Cavity

Erin Ross

Pediatric Otolaryngology

Wendy Mackey-Course Coordinator

Benign Head and Neck Disorders

Barbara Carter

Overview of Head and Neck Cancer and Treatment Modalities

Tara DiFabio & Penelope Fisher

Specific Head and Neck Cancer Treatment and Nursing Implications

Penelope Fisher

Visit the homepage at www.sohnnurse.com for more information
Contact hours range from 1.37 hours to 2.46 hours for each course
Bundled contact hours total 13.27 hours

Thank you to our corporate sponsors.

